

## TENTATIVE SCHEDULE

### Friday, June 6th

7:00 pm	Registration
8:00 pm	Getting to Know Each Other
9:00 pm	Campfire
9:45 pm	Bedtime Snack

### Saturday, June 7th

8:00 am	Rise & Shine
8:40 am	Morning Watch
9:00 am	Breakfast
10:00 am	<b>Inner Beauty</b>
11:15 am	Coffee Break
11:30 am	<b>From the Inside Out</b>

12:30 pm	Lunch
2:00 pm	<b>Hands-On Activities</b>
	* Makeovers
	* Massage
	* Manicures/Pedicures
	* Meditation
	* Mmm, chocolate!!

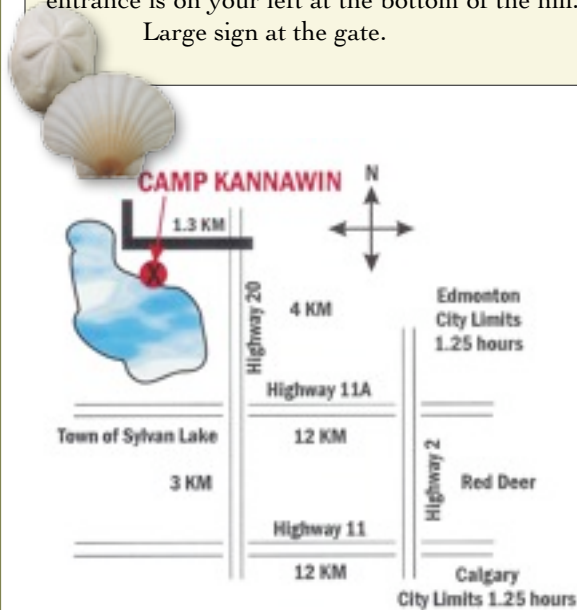
5:30 pm	Gourmet Supper
7:00 pm	Fun & Games
9:00 pm	Campfire
9:40 pm	Bedtime Snack
10:30 pm	Bible Jeopardy!

### Sunday, June 8th

8:00 am	Rise & Shine
8:40 am	Morning Watch
9:00 am	Breakfast
10:30 am	Worship & Communion Service
12:30 pm	Lunch
1:30 pm	Clean Up & Heading Home

Camp Kannawin is located 5 minutes north of the town of Sylvan Lake, beside Jarvis Bay Provincial Park. From the intersection of Hwy 11A & Hwy 20, head north on Hwy 20 approx. 4 km. Turn west/left and continue past two entrances to Jarvis Bay Park. Camp Kannawin entrance is on your left at the bottom of the hill.

Large sign at the gate.



### REGISTRAR

Lynn Vaughan  
 4413 - 48 Avenue  
 Beaumont, AB  
 T4X 1H3  
 780.929-8883  
 Email: [lofoco@telus.net](mailto:lofoco@telus.net)



**Cost** (includes all meals & snacks):

Registration Fee before May 15th	\$50.00
Registration Fee after May 15th	\$55.00
Registration Saturday only	\$25.00

# FROM THE INSIDE OUT

WOMEN'S WEEKEND RETREAT  
 JUNE 6 - 8, 2008



## THE BEAUTY OF FAITH

Come join us for a fun and relaxing weekend of reflection, fellowship and laughs as we explore the inner beauty of our faith and how it can be reflected by way of our own outer beauty and in the majesty of the nature around us.





### WHAT TO BRING

- \* fitted sheet, sleeping bag & pillow
- \* toiletries & towel, flashlight
- \* boots & good walking shoes
- \* clothing to suit the weather
- \* Bible, pen & note book
- \* your singing voice & a sense of humour

**BRING A FRIEND  
FOR TWICE THE FUN!!**



## ALL THIS & MUCH MORE ...



### ACCOMMODATIONS

There are a few beds in the **Ruby Walker Centre** with quick access to washrooms. Camp Kannawin has a number of **heated cabins** with bunk beds. You get to pick the top or bottom bunk! We have access to the heated **staff trailer**, which contains easy access to washrooms. Sign up quickly and you, too, will have the pick of the bunks. We also have a few **RV stalls** available. If you live nearby, you are welcome to commute from home, if you wish. The cost of the weekend remains the same.

## WOMEN'S CAMP REGISTRATION FORM

(Please detach and mail with fee.)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_

Email (for confirmation purposes only) \_\_\_\_\_

Home Church \_\_\_\_\_

Special Needs (diet, allergies or accommodation) \_\_\_\_\_

Type of Accommodation: \_\_\_\_\_ Cabin \_\_\_\_\_ RV Space  
 \_\_\_\_\_ Ruby Walker Centre \_\_\_\_\_ Staff Trailer

Please mark the days you will be attending:

- \_\_\_\_\_ Friday night
- \_\_\_\_\_ Saturday Breakfast
- \_\_\_\_\_ Saturday All Day
- \_\_\_\_\_ Sunday

COST: \$50.00 Registration Fee before May 15th  
 \$55.00 Registration Fee after May 15th  
 \$25.00 Registration for Saturday only

Please make cheques payable to:  
**Presbyterian Women's Weekend**

Send to:

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Email: lofoco@telus.net